

### Mission Statement:

To provide a way for people to learn to speak up, feel strong and feel connected to others.

VOICES is a developmental services project funded through the Ontario Ministry of Community and Social Services. Our mandate is to provide a way for people to learn to speak up, feel strong and feel connected to others. Whether that's together in advocacy, support groups, or as an individual.

Currently the components of VOICES in Perth county include:

- Leadership Training
- Community Information Forums
- Development of Community
- Resources

### Topics We Present

#### Transition Workshop:

Relationships, Living Arrangements, Employment, Community Resources, Future Planning, Celebration

#### Personal Development Workshop:

Living with Character, Feeling and Emotions, Relationships, Standing up for Yourself, Future Planning, Celebration

#### Moving On Workshops:

Right and Responsibilities, Needs vs. Wants, Teamwork, Communication, Future planning, Celebration

### You are Eligible if....

- You are a youth or young adult
- Have a developmental disability
- Attend school in Perth County
- Want to work on skills to help you succeed in the transition from school to the next phase in life

### Cost?

There is no cost to you. VOICES is funded through Foundations which is through the Ministry of Community and Social Services.

### Who can refer you?

You can call yourself. Any person, family member, or agency can refer you to VOICES training.

### Contact us:

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